Jono and Ben's School Holiday Programme LOTS OF CHANCES TO WIN PRIZES!

DISCLAIMER: PARENTS AND CAREGIVERS THIS WILL BUY YOU 36 MINUTES. PULL OUT IN CASE OF SCHOOL HOLIDAY EMERGENCY.



Win with Where's Jono & Ben

JONO & BEN ARE ALL DRESSED UP - WHERE COULD THEY BE? COLOUR IN THEIR PICTURE ABOVE AND ADD YOUR BACKGROUND IDEA! WHEN YOU'RE FINISHED, ASK AN ADULT TO TAKE A SNAP OF YOUR WORK AND SHARE IT TO JONO & BEN'S FACEBOOK PAGE @THEHITSBREAKFAST

JONO & BEN WILL AWARD 3 LUCKY ARTISTS WITH \$100 EACH! GET COLOURING AND GET YOUR PICTURE TO US BY 5PM SUNDAY, OCTOBER 17, 2021. WINNERS ANNOUNCED ON AIR 8:45AM MONDAY, OCTOBER 18, 2021*.

Nano Girl's Instant Ice Cream

EQUIPMENT & INGREDIENTS

- One small zip-resealable
- sandwich bag
- One large zip-resealable plastic bag • 120ml (1/2 cup) cream or full fat milk
- 12.5g (1 Tbsp) sugar
- A few drops of vanilla or other
- flavouring of your choice
- 3-7 cups of ice
- 75q (5 Tbsp) salt
- INSTRUCTIONS 1 Add the cream, sugar, and
- vanilla to the small bag and seal, ensuring that any excess air is released.
- 2 Place the ice, salt and creamfilled bag into the larger bag and seal.
- **3** Vigorously shake the large bag over a sink for approximately 5 minutes. Stop when the cream has started to freeze and turn into a solid.



- 4 Remove the small bag and quickly rinse off the salt
- solution with cold water. 5 Pour the ice cream into a bowl, add your favourite toppings and enjoy eating your newly frozen dessert!

Kids Win with Jono & Ben's **Secret Word of the Day**

Listen to our show on The Hits, tomorrow (Wednesday, October 13) from 7AM and when we secretly insert SUPERCALIFRAGILISTICEXPIALIDOCIOUS into a chat, be the first to call us on 0800 THE HITS and tell us you heard it to instantly WIN \$100*.

Text 'north' or 'south' to 4487 for your local frequency or tune in on iHeartRadio.

LISTEN ON WileartRADIO Commed on the Google Play

Jono & Ben's 5 Words: The Kids Edition

WRITE THE FIRST WORD THAT POPS TO MIND FOR THESE 5 WORDS. DO THEY MATCH JONO & BEN'S **ANSWERS? CHECK AT THE BOTTOM** OF THE PAGE.

The
School
Lock
You
Jono

Jono & Ben's Stolen **Internet Joke Of The Dav**

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WHY DO THE NORWEGIAN'S PUT BAR **CODES ON THEIR WAR SHIPS?** SO THEY CAN SCAN DA NAVY IN!

Caption Contest

THINK OF A CREATIVE, WACKY CAPTION FOR THIS PICTURE. ASK AN ADULT TO SHARE YOUR IDEA UNDER THE SAME POST ON THEIR FACEBOOK **OR INSTAGRAM PAGE AND ONE LUCKY** CAPTION WILL WIN \$100!!*





For more School Holiday activities visit thehits.co.nz - don't miss Ganesh Raj's easy recipe from The Humble Yum Yum - Honey Nut Crunch Fried Chicken

